

Sunday

**All times are listed in Central Time*

10:00 AM - 11:00 AM	11:30 AM - 12:30 PM	2:30 PM - 3:30 PM	4:00 PM - 5:00 PM
Opening Session- Presence: Bringing your Boldest Self to Your Biggest Challenges	Diabetes Reversal from Plant-Based Eating: Reality or Fallacy?	Let's Come Together: Uniting Dietitians to Combat Weight Bias	When Food Hurts: The Crossroads of Gastrointestinal and Eating Disorders
	Bold Approaches to Fierce Conversations	Unwinding the COVID-19 Paradox of Food Insecurity and Obesity in the Same Household in Rural Populations	2020 Lenna Frances Coopers Memorial Lecture- Good Nutrition Speak in a Polarized World: May We Have a Courteous Discourse?
	Pre-Rehabilitative Nutrition, Immunonutrition and Micronutrient Sufficiency in Harm Events and Patient Care Outcomes	Understanding and Leveraging Trends in Dietetics Practice to Advance the Profession	Nudging Nutrition: Using Behavioral Economics to Make Healthy Choices Easy in Food Service Operations
	The Gut Microbiome: Profound Implications for Diet and Cancer Therapy	Multidisciplinary Approach to Nutrition and Wound Healing	Soft Tissue Health: Nutritional Strategies for Injury Prevention and Recovery
	LGBTQ+ Health: Nutritional Considerations and Providing Inclusive Patient Care	Novel Food Intolerance Testing and Personalizing Diet Interventions in Irritable Bowel Syndrome	
	Malnutrition Following Bariatric Surgery: Underlying Mechanisms and Strategies for Prevention and Treatment	Expanding the Horizon of the Nutrition Profession Through Informatics	Asian Cuisine: Beyond the Soy Sauce
	Promoting the Collaboration Between Food Service and Clinical Nutrition: Stories of Success	To Tell the Truth: Lessons from Food and Nutrition Policy Journalists in the Era of Fake News	Let's get Digital: Enhancing Care and Revenue with Technology
	Identifying and Assessing Low Energy Availability and Energy Deficiency in Athletes—Practical Tools and Valuable Strategies for Translation	Empowering People with Diabetes: Putting Diabetes Self-Management Consensus Principles to Work	RX Food: Quality Food Assistance Through Outpatient Clinic/Community Partnerships
	Artificial Intelligence and Dietetics: How AI Is Bringing Nutrition to New Heights	Volatility, Uncertainty, Complexity, Ambiguity: How RDNs Can Thrive Amidst the Unknown	2020 Dietary Guidelines Advisory Committee: Let's Talk About the Evidence
	Catalyzing Systems Change: Career Pathways in Sustainable Food Systems	2020 Wimpfheimer-Guggenheim International Lecture- The Iodine Global Network: A Model for International Nutrition Collaboration	Bringing the Joy Back to Food for Kidney Disease Patients

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Member Showcase: Building Trust in Distrustful Times	Are You Prepared for the Decade of Healthy Aging?	Saturated Fat: Navigating the Controversies	New Insights into Cardiovascular Disease: The Role of the Gut Microbiome
	Nutrition in Food Retail: Leveraging RDNs to Improve Public Health	Beyond the World Foods Course: Diversifying Educational Spaces in Dietetics	Health Coaching and MNT: Opportunity or Threat
	Ethical Implications for Social Responsibility and Fairness	Collaborative Management of the Individual with a High Output Ileostomy for Optimal Outcomes	Critical Care Nutrition 2020: An Interactive Update
	A Comprehensive Approach to Eating Disorders: The Future of Practice	Looking AHEAD: Putting Lessons Learned from the Action for Health in Diabetes Study into Practice	Plant Protein in the Kitchen: Evolution on the Bun
	Fuel for Function: Addressing the Energetic Needs of Exercising Women and Men and Avoiding the Athlete Triad	Camp RAD: Nutrition and Life Skills for Adolescents with Disabilities	Moving Beyond Effectiveness: Addressing Childhood Obesity Disparities with Translational Research
	Home Delivered Meals: Evidence, Impact and the Role of the RDN	Ethical Treatment of Individuals at the End of Life	Animal, Vegetable, Mineral: Multidisciplinary Perspectives on Nutrients in Food Systems
	Show Me the Money: The Economic Reality Behind Sustainable Food and Agricultural Decisions	Nutritional Care in the NICU: Innovations, Challenges and Opportunities	Diabetes, Telehealth, and Apps: Navigating Technology for People with Diabetes
	Science vs Sound Bite: Grading The Evidence and Guidelines for Communicating and Interpreting Research	The Opportunities and Threats to the Supplemental Nutrition Assistance Program	Evidence and Practice for Building Nutrigenomic Dietitians
	Continuous Glucose Monitoring: Empowering Persons with Diabetes to Make Postive Lifestyle Changes	Going Pro: Turning Your Passion for Writing into Your Next Gig	Put Me in Coach! A Preceptors' Guide to Competency-Based Education
	ACEND Forum: Demonstration Program Innovations in Educating Future Practitioners	Helping Without Hurting: Best Practices in Global Nutrition Engagement	Facilitating MNT Access for Patients with Non-Dialysis Dependent Chronic Kidney Disease
	The Role of Nutrition in Supporting the Immune System Relative to COVID-19	Integrating Sports Psychology and Sports Nutrition in Return-to Play Management of Musculoskeletal Injuries	Vitamin D's Proposed Role in COVID-19 and the Management of Athletes

Tuesday

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Healthy Midlife and Menopause: Finding Appropriate Nutritional and Behavioral Health Interventions	Strong Is the New Healthy: Exploring the Evidence for Strength as a Measure of Health	Designer Foods: Moving Technology from the Lab to the Fork	Closing Session: The Puzzle of Motivation
Precision Nutrition at Scale: Machine Learning Insights into Personal Metabolic and Microbiome Response	Enhanced Recovery After Surgery: What Is the Role of Nutrition?	Crossing the Finish Line: Leveraging Your Expertise Across the Diverse Media Spectrum for Winning Results	
Assessment, Treatment and Monitoring of Micronutrients in Gastroenterology and Pancreatology	Mastering Mastermind Meetings	Prevalence, Pathophysiology, and Impact of Obesity-Related Sarcopenia and Myosteatosis	
Getting Paid: Developing Competitive Value Proposition	The Unique Challenges of Successful Diabetes Management in Older Adults	Native Plant Foods of North America: Using Traditional Culture to Improve Modern Diets of Native Americans	
The Science and FDA Regulation of CBD – What is the Path Forward?	A New Approach to Helping Clients Change Food Choices: Internal Family Systems Therapy	The Benefits of Family-Based Treatment Strategies for Pediatric Eating Disorders in Inpatient Settings	
Picky, Selective, ARFID? Assessment and Treatment of Pediatric Feeding Difficulties	Disrupt, Innovate, and Create Value as an Intrapreneur	Promoting Nutrition and Food Access: Building Programs to Fit Communities	
Power in Your Presence: Taming Feelings of Insecurity and Imposter Syndrome	From the Ground Up: Expert Update on Heavy Metals in Children's Food	Dietitians Take the Lead in Teaching Kitchens	
Nutrition Interventions Go Global: Collaborations for Community Health	South Asians and Heart Disease: Calling All RDNs for Their Expertise	Low-Calorie Sweeteners: Harmonizing Authoritative Statements for Practitioners	
The Emerging Benefits of a Plant-Forward Approach to the Chronic Kidney Disease Diet	Healthy Communities from the Ground Up: Empowerment, Sovereignty and Equity in Our Food System	Healthy People 2030: State of the Union on Diabetes	
Failing to Make the Grade: Food Insecurity on College Campuses	From the Basement of the Office to Integrated Care: Transforming RDN Practice Through Collaborative Group Models	Risky Food Behind Bars: A Public Health Burden	